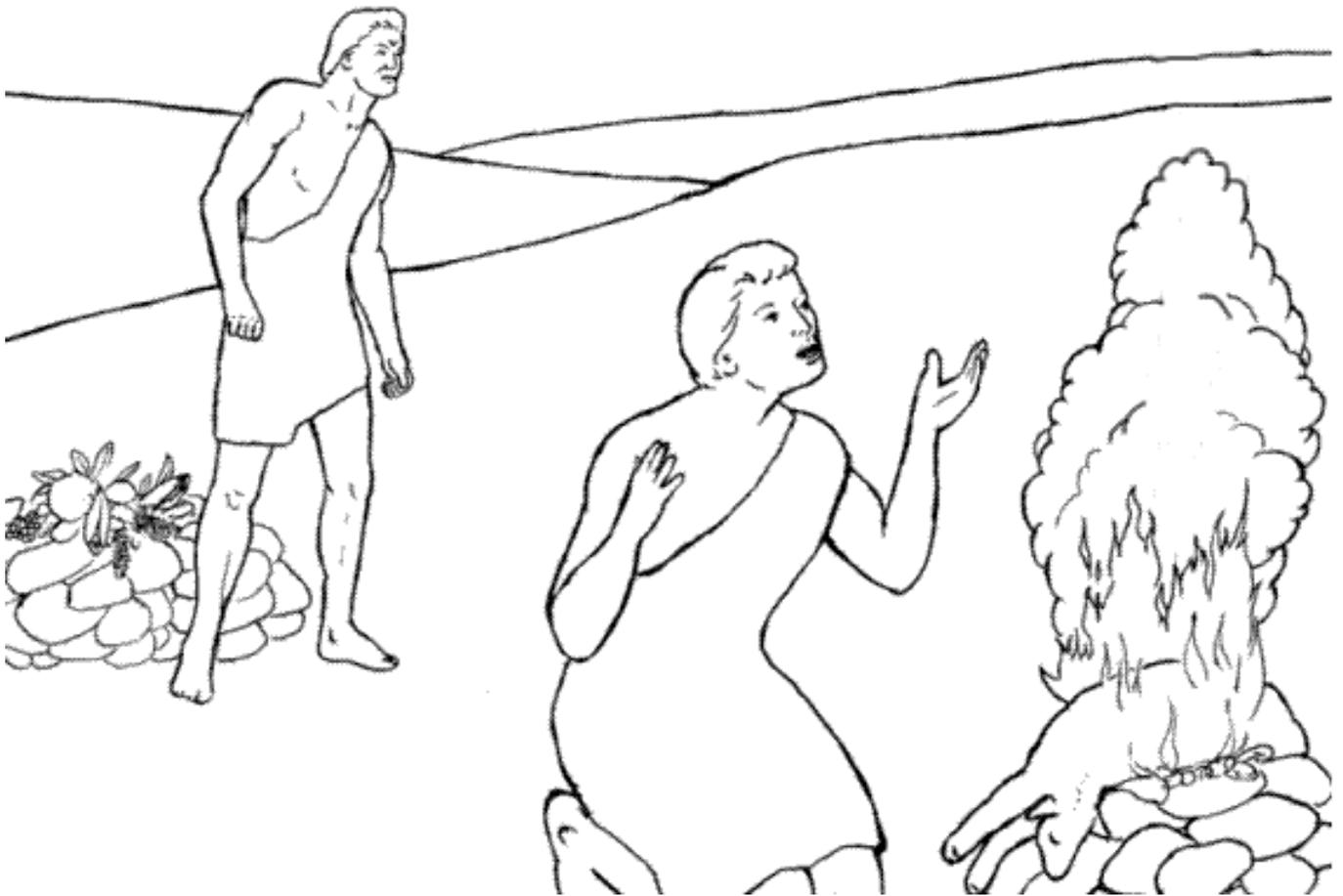


# Cain & Abel

Genesis 4:1-16, 25-26



## The Story

God still loved Adam and Eve even though they had sinned. He took care of them and blessed them with many children. They had two sons named Cain and Abel. Adam and Eve taught them about God and the promise of a Savior. When they grew up Cain became a farmer and Abel became a shepherd.

One day Cain and Abel brought offerings to God. This was one way that they could show their love for God. Cain brought some of the fruits and vegetables that he had grown in his garden. Abel brought a young lamb from his flock.

God was pleased with Abel's offering because Abel loved God and believed in the promised Savior. But God was not pleased with Cain's offering because Cain did not love God.

Cain knew that God was not pleased with his offering and this made him very angry at Abel. He began to hate his brother.

God came to Cain and warned him about the sin that was in his heart, but Cain didn't listen to God. He was so filled with hatred that he went out and killed Abel.

God came to him and asked, "Where is your brother Abel?"

Then Cain lied and said, "I don't know. Do I have to take care of my

brother?"

God told Cain he would be punished because he killed his brother. The plants in the field would no longer grow for him and he would have to go from one place to another the rest of his life.

Cain said, "This punishment is too much for me. Someone will kill me."

But God promised that He wouldn't let anyone kill him and God placed a special mark on Cain.

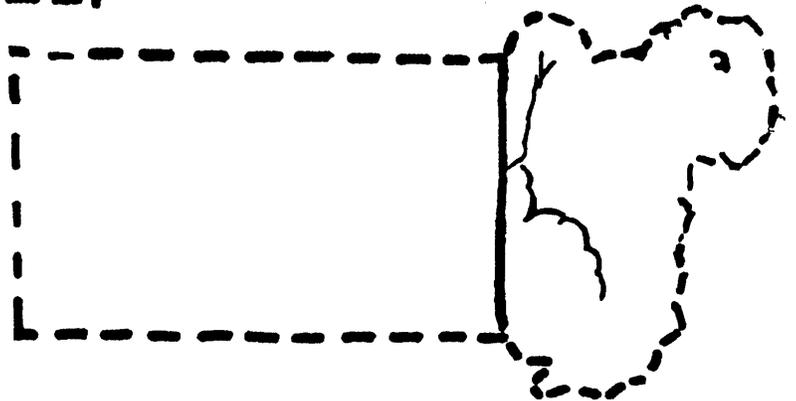
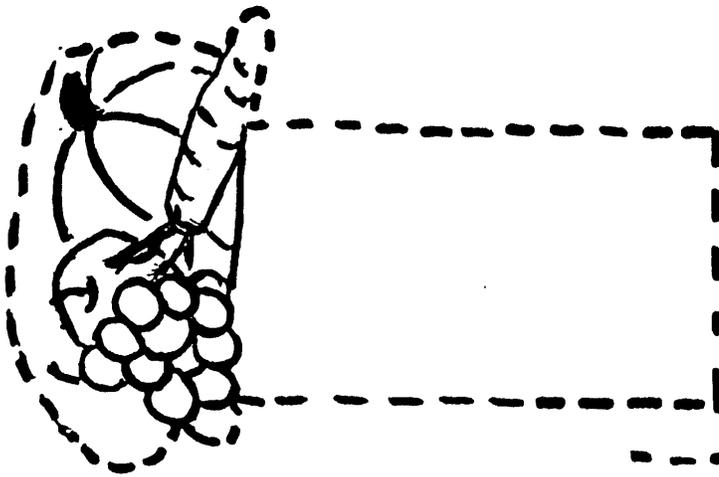
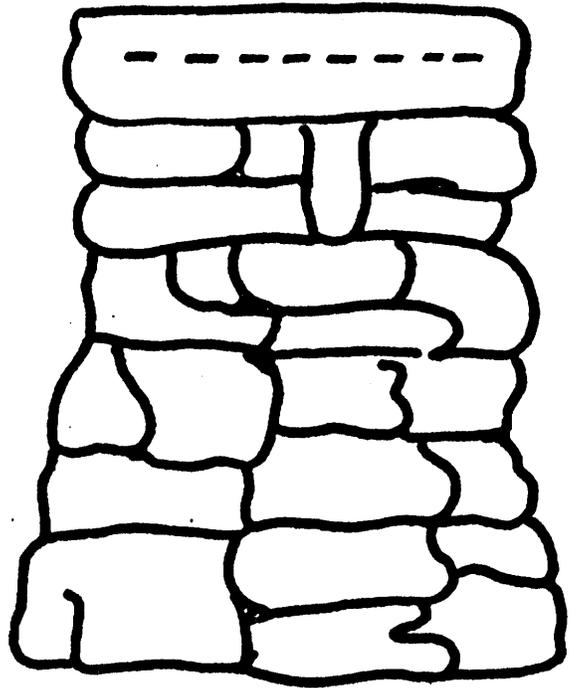
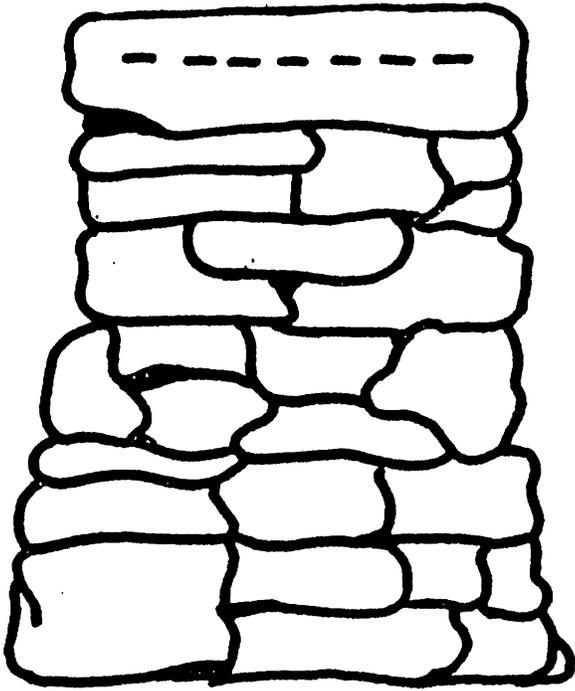
God blessed Adam and Eve with another son to take Abel's place. His name was Seth.

***Cain murdered  
his brother Abel.***



***Sin begins in the heart  
but righteousness  
begins with Christ.***

**Activity One** - Color the altars and the offerings of Cain and Abel. Then cut out the offerings on the broken lines. Your teacher will help you put the offerings on the altars.



## Activity Two

Talk about some things that make you angry...

...Maybe you get angry when your friends won't play with you or when they make fun of you.

...Maybe you get upset when your mom and dad won't let you do something that you really want to do.

How can Jesus help you to handle these feelings so they don't turn into sinful actions?

## Passage

1 Samuel 16:7b - "Man looks at the outward appearance, but the LORD looks at the heart."

## Hymn - TLH 653 v. 2

Jesus, Savior, wash away  
All that has been wrong today;  
Help me ev'ry day to be  
Good and gentle, more like Thee.

What do we mean when we ask Jesus to wash away our sins?

What does *gentle* mean?

Who is the only one that can help us get rid of the sinful thoughts that come into our hearts?

## Prayer

Dear Lord Jesus, help us to love others as You love us. Forgive us for being mean and hateful in our words and actions. Thank You for dying on the cross to pay for our sins. Give us hearts that love and trust You as Abel did. Amen.